

Mirror of Wisdom DVD Catalogue

Please note, some of the video material listed in this catalogue is restricted; empowerment/transmission and/or permission of the lama are required to purchase. When ordering, please include information necessary to verify your qualification to receive restricted videos. All video material is NTSC DVD (VHS tapes available by special request). For questions/comments, contact us:

Mirror of Wisdom Video
P.O. Box 1147
Phoenix, OR 97540

email: info@mirrorofwisdomvideo.org
website: <http://www.mirrorofwisdomvideo.org>

H.H. Dudjom Rinpoche

We have a number of rare videos of H.H. Dudjom Rinpoche that were recorded during his 1980 visit to Pacific Region Yeshe Nyingpo in California, and Orgyen Chö Dzong in Greenville, New York. The translator in all of the videos is Tulku Pema Wangyal. Due to the technology available when recorded, and due to its age, the quality of some of this video material is poor; nonetheless, it is priceless.

The Black Crown Ceremony (VDR1)

H.H. XVI Gyalwa Karmapa, H.H. Dudjom Rinpoche, and Gyatrul Rinpoche together at the Bay Area Yeshe Nyingpo Center, July 14, 1980. Footage begins with the arrival of H.H. Karmapa, accompanied by the late H.E. Jamgon Kongtrul Rinpoche. Includes informal shots of the lamas at lunch. Also includes most of the stages of *The Black Crown Ceremony*.

(1 DVD/20 min) \$20.00

The Bodhisattva Vow Ceremony (VDR2)

H.H. Dudjom Rinpoche confers the bodhisattva vows and gives a teaching on bodhichitta and the practice of the bodhisattvas. To conclude, he leads the assembly in the practice of the short *Dudjom Tersar Ngöndro*. Bay Area Yeshe Nyingpo, June 17, 1980.

(1 DVD/1 hr, 35 min) \$18.00

The Empowerment of One Thousand Buddhas (VDR3)

H.H. Dudjom Rinpoche gives empowerment; Tulku Pema Wangyal translates. Oakland Auditorium. July 6, 1980.

(1 DVD/1 hr, 20 min) \$18.00

Tara Empowerment (VDR4)

H.H. Dudjom Rinpoche gives empowerment; Tulku Pema Wangyal translates. Fort Mason, San Francisco, California. May 31, 1980.

(1 DVD/1 hr, 30 min) \$18.00

Dzogchen Seminar (VDR5)

H.H. Dudjom Rinpoche teaches on the view and practice, Tulku Pema Wangyal translates. His Holiness gives meditation instruction, and then sits in meditation with the assembly. Bay Area Yeshe Nyingpo, July 5, 1980.

(1 DVD/2 hrs, 5 min) \$20.00

Death, Dying, and Meditation (VDR6)

H.H. Dudjom Rinpoche gives a Padmasambhava empowerment and instruction on the phowa practice to be done at the time of death. This video also includes footage of Gyatrul Rinpoche and Chagdud Rinpoche. Eugene, Oregon, November 1980.

(4 DVDs/7 hrs, 30 min) \$50.00

The Fundamentals: An Explanation of the Nine Vehicles (VDR7)

H.H. Dudjom Rinpoche gave this teaching in a retreat atmosphere; students received instructions and practiced techniques with him. Tulku Pema Wangyal translates. Orgyen Chö Dzong, Greenville, New York, Autumn 1980.

(7 DVDs/13 hrs, 20 min) \$100.00

Vajrasattva Empowerment (VDR8)

H.H. Dudjom Rinpoche performs the preparatory puja for of the empowerment, chanting and playing the cymbals, accompanied by his son, Shenphen Dawa Rinpoche. His Holiness then gives the refuge vows, the Vajrasattva empowerment, and confers blessings. Scott Hall, San Anselmo, California, 1980.

(1 DVD/2 hrs, 5 min) \$18.00

Yeshe Tsogyal Puja (VDR9)

H.H. Dudjom Rinpoche leads the Yeshe Tsogyal sadhana, and then gives a brief commentary. Tulku Pema Wangyal translates. Greenville, New York, 1980.

(1 DVD/1 hr, 25 min) \$20.00

Visit to Bay Area (VDR10)

This is, essentially, a “home movie.” There were no microphones used, so the sound quality is poor, and in some places, inaudible. H.H. Dudjom Rinpoche arrives with his family, and then blesses a long line of Western disciples (this was the last time H.H. performed such a public blessing in the U.S.). The video concludes with His Holiness giving a brief long-life blessing at the home of Professor Lin. Autumn 1984.

(1 DVD/2 hrs, 5 min) \$15.00

Practice Tersar Ngöndro with His Holiness (VDR11)

H.H. Dudjom Rinpoche leads the short Tersar Ngöndro (excerpted from *The Bodhisattva Vow Ceremony*). This video is edited specifically as a support for practice: practice the ngöndro with His Holiness!

(1 DVD/20 min) \$15.00

Gyatrul Rinpoche

Shiney (Peaceful Abiding) (VGR1)

Gyatrul Rinpoche gives an introductory teaching on the training in shamatha (peaceful abiding) meditation, from a text of H.H. Dudjom Rinpoche. Sangye Khandro translates. Ashland, Oregon, 1990.

(2 DVDs/3 hrs, 45 min) \$25.00

Dream Yoga (VGR2)

Gyatrul Rinpoche gives a teaching on the practice of dream yoga, from *The Mind Treasure of Vajrasattva: Releasing Oneself from the Essential Delusion*. Mindröling tradition. Sangye Khandro translates. Ashland, Oregon, 1990.

(2 DVDs/3 hrs, 20 min) \$25.00

Chimed Sog Thig (VGR3)

Gyatrul Rinpoche teaches on the *Practice of the Immortal Life Essence*. Sangye Khandro translates. Unitarian Church, Ashland, Oregon, August 1991. (Requires empowerment/permission.)

(1 DVD/2 hrs) \$18.00

Manjushri Empowerment (VGR4)

Gyatrul Rinpoche gives empowerment for the *Jampal Shidrub* of H.H. Jigmed Phuntsog, with a brief teaching. Sangye Khandro translates. Boston, Massachusetts, August 1993.

(1 DVD/1 hr, 40 min) \$18.00

A Prose Introduction to the Nature of the Mind (VGR5)

Gyatrul Rinpoche teaches the well-known text of Karma Chagmed Rinpoche, the *Union of Mahamudra and Atiyoga*. B. Allan Wallace translates. Orgyen Dorje Den, San Francisco, California, April 1995.

(3 DVDs/6 hrs, 22 min) \$40.00

Introduction to Vajrayana Buddhism (VGR6)

Gyatrul Rinpoche gives an introduction to Buddhism, in general, and specifically, to the Vajrayana. Sangye Khandro translates. Ashland, Oregon, May 1993.

(1 DVD/1 hr, 45 min) \$18.00

Bardo Teachings (VGR7)

Gyatrul Rinpoche teaches on the six transitional stages as well as teachings on Buddhist practice in general. Sangye Khandro translates. Ashland, Oregon, June 1996.

(1 DVD/4 hrs, 49 min) \$25.00

Dudjom Tersar Ngöndro (VGR8)

Gyatrul Rinpoche teaches on the short *Dudjom Tersar Ngöndro*. Sangye Khandro translates. Tashi Chöling Retreat Center, summer 1996.

(1 DVD/6 hrs, 40 min) \$25.00

Spontaneous Teaching (VGR9)

At the 1997 annual Vajrasattva retreat at Tashi Chöling Retreat Center, Gyatrul Rinpoche gives an inspiring, spontaneous instruction on pith points of practice. Sangye Khandro translates.

(1 DVD/50 min) \$15.00

H.H. Penor Rinpoche / Palyul Monks

Lama Dances (VPR1)

During the Kama empowerments bestowed by H.H. Penor Rinpoche in the summer of 1988 at Tashi Chöling Retreat Center, Ashland, Oregon, the Palyul monks performed a number of lama dances. *Lama Dances* includes the following: *Snow Lion Dance of Auspiciousness*, *Dakini Dance of Peace*, *Deer Dance of Subjugation*, the Nam Chö tradition *Black Hat Offering Dance of the Remains*, the Dorje Drak tradition *Offering Dance of the Remains to Befriend the Yogins and Yoginis of the Secret Mandala*, and the *Dance of the Golden Drink*. Following is footage of lama dances performed at H.H. Penor Rinpoche's monastery in Byalakuppe, India, recorded during the Gutor ceremony (1986): H.H. Penor Rinpoche performs part of the *Dance of the Golden Drink*, and Tara Lama leads the *Cymbal Dance*. (Note: this DVD combines the former items *Lama Dances* [VPR1] and *Lama Dance Mosaic* [VPR2].)

(1 DVD/2 hrs, 15 min) \$15.00

Torma Making I (VPR4)

Torma making for the Nam Chö tradition. Sangye Khandro demonstrates the 37-heap mandala offering and other methods of mandala practice. Budzin Lama makes lama, khandro, and medicine tormas. Footage shows finished, fully-ornamented lama, yidam, khandro, medicine, and protector tormas. Tashi Chöling Retreat Center, Ashland, Oregon, 1988.

(1 DVD/1 hr, 50 min) \$15.00

Torma Making II (VPR5)

Budzin Lama makes the necessary general tormas for Nam Chö sadhana practice: shalsey, kartor, gegtor, cheddo, tenma, and protector. Tashi Chöling Retreat Center, Ashland, Oregon, 1988.

(1 DVD/1 hr, 30 min) \$15.00

Long-life Blessing and Empowerment (VPR6)

In a public event, H.H. Penor Rinpoche gives the long-life empowerment of Jatson Nyingpo and a brief teaching on practices and methods for healing and life-extension. Khenpo Namdröl gives a brief history of the Nyingmapa which was recorded for broadcast on the Voice of America. The event concludes with a short lama dance. Washington, D.C., June 1995.

(1 DVD/2 hrs) \$18.00

Guru Yoga Teaching (VPR7)

H.H. Penor Rinpoche gives an inspirational teaching on the practice of guru yoga, primarily in the context of the Nam Chö of Migyur Dorje. His teaching is punctuated by personal stories. Chökyi Nyima (Richard Barron) translates. Berkeley, California, 1997.

(1 DVD/2 hrs, 13 min) \$20.00

Amitabha Teaching and Empowerment (VPR8)

H.H. Penor Rinpoche gives empowerment and teaching on the Amitabha practice of the Nam Chö. Chökyi Nyima (Richard Barron) translates. Berkeley, California, 1997.

(1 DVD/1 hr, 55 min) \$18.00

Gyalwa Gyatso Teaching and Empowerment (VPR9)

H.H. Penor Rinpoche gives empowerment and teaching on the Gyalwa Gyatso (Red Chenrezig) practice of the Nam Chö. Chökyi Nyima (Richard Barron) translates. Berkeley, California, 1997.

(1 DVD/1 hr, 30 min) \$18.00

Bodhisattva Vow and Training (VPR10)

H.H. Penor Rinpoche bestows the bodhisattva vows, and gives instruction on the training in maintaining the vows. Translated by Sangye Khandro. Berkeley, California, 1997.

(1 DVD/1 hr, 50 min) \$18.00

Phowa Teaching and Practice (VPR11)

H.H. Penor Rinpoche teaches the Nam Chö phowa practice in the two-part style common to the Nam Chö tradition: first the teaching on the theory and background of the practice, and then the practical instructions on how to do the practice. To engage in the phowa practice requires direct instruction from a qualified teacher. This video is not meant to take the place of such direct instruction. It is meant for those who have had phowa instruction, but can be purchased by others as a blessing and in preparation for future practice. Translated by Sangye Khandro. Namdröling, Bozeman, Montana, 1998.

(1 DVD/1 hr, 50 min) \$20.00

Tröma Teaching (VPR12)

H.H. Penor Rinpoche gives a brief, pithy teaching on Tröma empowerment lineage & practice. Translated by Sangye Khandro. Namdröling, Bozeman, Montana, 1998. (Requires empowerment/permission.)

(1 DVD/20 min) \$10.00

How to Practice Pure Dharma (VPR13)

Pith instructions by H.H. Penor Rinpoche teaches on the essence of all Dharma practice, given spontaneously during the bestowal of the Nam Chö empowerments in Austin, Texas, June 2002. Sangye Khandro translates.

(1 DVD/20 min) \$10.00

H.H. Dalai Lama

The Four Mindfulnesses (VDL1)

In 1989, His Holiness the Dalai Lama received the Nobel Peace Prize. Subsequently he gave a series of Dzogchen teachings and empowerments in San Jose, California. Speaking to a small gathering at the Vajrapani Institute retreat center in Boulder Creek, California, His Holiness gave this teaching on the *Four Mindfulnesses*, from the well-known root text of the Seventh Dalai Lama. To receive teachings from the Dalai Lama is quite extraordinary; witness his sparkling alertness and intelligence, experience his warmth and compassion. Boulder Creek, California, October 1989.

(1 DVD/1 hr, 35 min) \$20.00

Yangthang Rinpoche

Questions & Answers (VYR1)

In a question and answer session, Yangthang Rinpoche teaches on the four thoughts, mind nature practice, phowa, generation stage practice, and the benefits of reciting the mani mantra. Gyatrul Rinpoche occasionally adds additional commentary. Sangye Khandro translates. Ashland, Oregon, January 1991.

(1 DVD/1 hr, 45 min) \$20.00

Words of Advice (VYR2)

Yangthang Rinpoche gives parting words of advice in his last public teaching of his 1990-91 tour of the U.S. Orgyen Dorje Den, San Francisco, California, January 1991.

(1 DVD/52 min) \$15.00

Spontaneous Teaching (VYR3)

Yangthang Rinpoche teaches on the nature of the teacher-student relationship, the necessary qualities of both the lama and the disciple, samaya, the four levels of faith, the three essential parts of practice (generation of the bodhichitta, maintenance of wisdom awareness, and dedication of merit), and the inconceivable benefits of guru devotion. Sangye Khandro translates. Austin, Texas, June 2002.

(1 DVD/1 hr, 40 min) \$18.00

Kha Kyab Rang Dröl (VYR4)

Yangthang Rinpoche teaches on the sadhana of the *Supreme Noble Tamer of Beings, Avalokiteshvara Kha Kyab Rang Dröl*, "All Encompassing Self Liberation," terma of his predecessor, Dhomang Terchen, Dorje Dechen Lingpa. While specific to the *Kha Kyab Rang Dröl*, this teaching provides general instruction and insights into generation stage practice. Translated by Gyalpo. Orgyen Dorje Den, Alameda, California, July 2002.

(1 DVD/3 hrs) \$20.00

Flight of the Garuda (VYR5)

Yangthang Rinpoche teaches on the well-known text of Shabkar Tsokdrug Rangdröl. Jeremy Morelli translates. Ojai, California, December 2006.

(5 DVDs/12 hrs) \$75.00

Lama Gongdu: Introduction (VYR6)

In December, 2006, Yangthang Rinpoche bestowed the empowerments for the Lama Gongdu of Sangye Lingpa, at Orgyen Dorje Den, in Alameda, California. This introductory teaching includes the history of the Lama Gongdu revelations, Buddhist practice, and the practice of guru yoga. Sangye Khandro translates.

(1 DVD/2 hrs, 30 min) \$20.00

Gochen Tulku Sang Ngag Rinpoche

Introduction to Buddhism (EWAM1)

Tulku Sang Ngag Rinpoche explains the foundational essence of the Buddhist path, including an introduction to the nature of the mind. Erik Drew translates. Mount Shasta, California 2002.

(1 DVD/1 hr) \$20.00

Mindröling Vajrasattva (VGTS1)

Tulku Sang Ngag Rinpoche gives commentary on *The Heart Practice of Vajrasattva*, revealed by the Mindröling terchen, Terdak Lingpa. Includes general instructions, and detailed instructions on generation stage practice. Chökyi Nyima (Richard Barron) translates. Orgyen Dorje Den, San Francisco, California, 1997.

(4 DVDs/18 hrs) \$75.00

Laughter of the Dakinis (VGTS2)

Tulku Sang Ngag Rinpoche gives commentary to the *Longchen Nyingthig Heart Essence of the Great Expanse; the Practice of Cutting Objects called the "Laughter of the Dakinis"*. Chökyi Nyima (Richard Barron) translates. Berkeley, California, 1997.

(2 DVDs/11 hrs) \$50.00

H.H. Dodrubchen Rinpoche

Initiation of the Three Roots (VDD1)

Empowerment and teaching by H.H. Dodrubchen Rinpoche. Includes a visit to and blessing of Tashi Chöling Retreat Center. Sangye Khandro translates. Ashland, Oregon, July 1991.

(1 DVD/2 hrs) \$18.00

Advice and Life-enhancement Ceremony (VDD2)

H.H. Dodrubchen Rinpoche gives pith advice on dharma practice, and then performs a brief *tse gng*, "hooking the life force." B. Alan Wallace translates. Orgyen Dorje Den, San Francisco, California, July 1991.

(1 DVD/35 min) \$15.00

H.H. Jigmed Phuntsog Rinpoche / Khenpo Namdröl

Chetsun Nying Thig (VJP1)

H.H. Jigmed Phuntsog teaches on the practice and provides insights. Chökyi Nyima (Richard Barron) translates. Napa Valley, California, July 1993. (Requires empowerment/permission.)

(4 DVDs/7 hrs, 30 min) \$50.00

Peaceful Manjushri Empowerment and Insights to Sangye Lagter (VJP2)

H.H. Jigmed Phuntsog gives the empowerment to the *Jampal Shidrub*, and insights. Chökyi Nyima translates. Napa Valley, July 1993. (Requires empowerment/permission.)

(1 DVD/1 hr, 37 min) \$20.00

Inner Secret Peaceful Manjushri (VJP3)

H.H. Jigmed Phuntsog gives inner secret teaching to the *Jampal Shidrub*. Chökyi Nyima translates. Napa Valley, July 1993. (Requires empowerment/permission.)

(1 DVD/2 hrs) \$20.00

Peaceful Manjushri & Vajrakilaya (VJP4)

H.H. Jigmed Phuntsog gives insights and commentary to the *Jampal Shidrub* and the *Vajrakilaya Gurkhekma*. Also: Khenpo Namdröl teaches the *Jampal Shidrub* sadhana, without tsog, and recites the liturgy. Chökyi Nyima translates. Napa Valley, California, July 1993. (Requires empowerment/permission.)

(1 DVD/2 hrs) \$20.00

Vajrakilaya Empowerment and Gyalsay Laglen Transmission (VJP5)

H.H. Jigmed Phuntsog bestows the *Vajrakilaya Gurkhekma* empowerment, then gives spontaneous advice and the scriptural transmission of the *Gyalsay Laglen*. Chökyi Nyima translates. Napa Valley, July 1993. (Requires empowerment/permission.)

(1 DVD/2 hrs, 20 min) \$20.00

Phowa (VJP6)

H.H. Jigmed Phuntsog gives a long-life blessing and a concise phowa transmission. Sangye Khandro translates. Ashland, Oregon, July 1993.

(1 DVD/1 hr, 15 min) \$20.00

Khenpo Namdröl

Vajrakilaya Gburkhekma (VKN1)

Khenpo Namdröl teaches on the Vajrakilaya terma of H.H. Jigmed Phuntsog, and recites the liturgy. Chökyi Nyima translates. Napa Valley, July 1993. (Requires empowerment/permission.)

(1 DVD/1 hr, 25 min) \$20.00

Peaceful Manjushri (VKN2)

Khenpo Namdröl gives detailed commentary to the *Jampal Shidrub* of H.H. Jigmed Phuntsog, including tsog, and recites the liturgy. Chökyi Nyima translates. Napa Valley, July 1993. (Requires empowerment/permission.)

(1 DVD/2 hrs, 40 min) \$20.00

H.H. Penam Rinpoche

Pointing Out Instructions (VNPN1)

H.H. Penam Rinpoche gives pith instructions on meditation and the nature of mind. Sangye Khandro translates. Tashi Chöling Retreat Center, Ashland, Oregon, 1997. (Requires permission.)

(1 DVD/50 min) \$20.00

H.H. Drugchen Rinpoche

37 Precepts of the Bodhisattva (VDC1)

The 12th Drugchen Rinpoche teaches, in English, the well known text of Ngulchu Thogme Zangpo. Orgyen Dorje Den, San Francisco, California, 1991.

(1 DVD/4 hrs) \$20.00

Lopön Nikula

The following video material is restricted to committed practitioners of the Tröma cycle of Dudjom Lingpa. To receive it one must have received the corresponding empowerments and 1) have either completed the Tröma ngöndro accumulations, or 2) have at least begun and be actively engaged in and committed to completing those accumulations.

How to Accumulate Ngöndro in Retreat (VLN1)

Lopön Nikula teaches on how to accumulate Tröma ngöndro in retreat. Includes teaching on the seven-day wilderness retreat to be accomplished after completing the trikaya dakini practice and before engaging the guru yoga. Orgyen Dorje Den, Alameda, California, 2003.

(2 DVDs/4 hrs) \$20.00

Tröma Ngöndro (VLN2)

Lopön Nikula teaches on the Tröma ngöndro, from the *Heart Essence of Saraha*. Translated by Sangye Khandro. Orgyen Dorje Den, Alameda, California, 2003.

(1 DVD/3 hrs) \$20.00

Four Feasts (VLN3)

Lopön Nikula teaches on the Four Feasts, from *An Ornament of the Great Mother's Wisdom*. Translated by Sangye Khandro. Orgyen Dorje Den, Alameda, California, 2003.

(1 DVD/6 hrs) \$20.00

Tröma Retreat (VLN4)

Lopön Nikula teaches on the practice of Tröma in retreat, from the *Urn of Siddhis*. Translated by Sangye Khandro. Orgyen Dorje Den, Alameda, California, 2003.

(1 DVD/4 hrs) \$20.00

Phowa (VLN5)

Lopön Nikula teaches on the Tröma phowa practice. Translated by Sangye Khandro. Orgyen Dorje Den, Alameda, California, 2003. (In addition to the requirements listed above, instruction in the Tröma phowa practice is required to receive this material.)

(1 DVD/2 hrs, 30 min) \$20.00

Intermediate Tröma Sadhana (VLN7)

Lopön Nikula teaches on the intermediate Tröma sadhana, the *Sun of Primordial Wisdom*. Teaching includes instructions in playing the instruments, detailed instruction in the kyed rim, protector practice, and tsog. Translated by Sangye Khandro. Teaching given at Orgyen Dorje Den, Alameda, California, and Tashi Chöling Retreat Center, October 2003.

(7 DVDs/17 hrs [approx]) \$100.00

Kusum Lingpa Rinpoche

Generation Stage Yoga (VKL1)

Kusum Lingpa gives oral teaching on the kyed rim in the context of Ratna Lingpa's Vajrakilaya, with some teaching on Vajrapani. Sangye Khandro translates. Ashland, Oregon, 1994. (Requires empowerment/permission.)

(1 DVD/1 hr, 48 min) \$20.00

37 Precepts of the Bodhisattva (VKL2)

Kusum Lingpa teaches on the text of Ngulchu Thogme Zangpo. Sangye Khandro translates. Orgyen Dorje Den, San Francisco, California, April 1994.

(1 DVD/2 hrs, 16 min) \$20.00

Chagdud Rinpoche

Karling Shi Tro Empowerment (VCH1)

Chagdud Rinpoche gives the empowerment of the 100 peaceful and wrathful deities, and a brief teaching. Sangye Khandro translates. Ashland, Oregon, February 1994. (Requires empowerment/permission.)

(2 DVDs/4 hrs) \$20.00

B. Alan Wallace

The Techniques and Practice of Peaceful Abiding and Insight (VAW1)

B. Alan Wallace gives practical instructions on the foundational meditation practices that are indispensable on the path of the atiyoga great perfection. First, instructions on a practice are given, then students are lead in in that practice, then further instructions are given, followed by another practice session, and so on. Some questions and answers included. Each DVD of this 4-DVD series focuses on a different aspect of the practice. Excellent practice support.

(4 DVDs/7 hrs, 40 min) \$50.00

Sadhanas

(All sadhanas require empowerment or permission to purchase)

Tso Kye Thug Thig (VS101)

Heart Essence of the Lake-Born Vajra, the Secret Accomplishment of the Great Guru, terma revelation of H.H. Dudjom Rinpoche, performed by Lama Könchog Jungney, Dorje Lobpön at Dudjom Gompa. Nepal, 1991. Instruments: large drum, cymbals, bell, and damaru. Includes concise *Dudjom Tersar Ngöndro*, and *Riwo Sang Chöd* with drum and cymbal accompaniment.

(1 DVD/2 hrs) \$18.00

Tso Kye Thug Thig (VS111)

“Yogi style,” performed by Lama Rinchen, with bell and damaru accompaniment. Tashi Chöling Retreat Center, Ashland, Oregon, 1991.

(1 DVD/58 min) \$16.00

Tso Kye Thug Thig (VS121)

The sadhana is performed by students Keith La Coste (ömdzed, cymbals), and Ila Reitz (drum). Includes concise protector prayers, and tsok. English reading of some prayers. The video is divided into the following chapters to facilitate study: Opening & Preparatory Prayers, Mandala of the Meditational Deity, Recitation Yoga, Protectors and Confession, Begin Tsok, and Remains & Concluding Prayers. Tashi Chöling Retreat Center, Ashland, Oregon, 2010.

(1 DVD/1 hr, 45 min) \$20.00

Rigdzin Düpa (VS102)

From the Longchen Nyingthig: the Inner Accomplishment of the Assemblage of Vidyadharas, performed by H.H. Penor Rinpoche and the Palyul monks during the bestowal of the Rinchen Terzod empowerments at Kunzang Palyul Chöling, Poolesville, Maryland, 1988. Instruments: cymbals, large drum, bell, and damaru, long and short horns. Includes some chöpon instruction for the sadhana, as well as the concise Amitabha and Six Realms Avalokiteshvara practices of the Nam Chö of tertön Migyur Dorje.

(1 DVD/2 hrs) \$18.00

Dor Sem Lama Chöd Pa 1991 (VS103)

A Chariot of Great Merit, the Essence of All Mandalas, the Sadhana of Offering to the Lama with Activity Practices to Benefit Others, revelation of H.H. Dudjom Rinpoche, is performed by the sangha of lamas and monks at Dudjom Gompa, Nepal. Instruments: bell, large drum, zilnyen, horns.

(3 DVDs/6 hrs) \$25.00

Dor Sem Lama Chöd Pa 2000 (VS113)

Recorded at Tashi Choling Retreat Center during the annual Vajrasattva retreat, in 2000. Two-camera shoot over a number of days. Edited to show all the activities, highlighting chöpon activity, ömzed/cymbals, drums and long horns. The extensive offering section was shot over the shoulder of the ömzed, providing a clear view of all the offering mudras from the vantage point of the practitioner performing the mudras, to facilitate learning of the mudras. Picture-in-picture video shows multiple activities simultaneously.

(1 DVD/2 hrs, 40 min) \$18.00

Dor Sem Lama Chöd Pa Offering Mudras (VS123)

Offering mudra section excerpted from the complete version of the *Dor Sem Lama Chöd Pa 2000*.

(1 DVD/20 min) \$10.00

Dorsem Lama Chöd Pa Tormas (VS133)

Lama Rinchen teaches how to make the tormas for the *Dor Sem Lama Chöd Pa* sadhana. Includes shalsei, lama torma, tormas of the peaceful and wrathful deities, kartor, gegtor, and protector offering tormas. Tashi Chöling Retreat Center, Ashland, Oregon, 1991.

(1 DVD/1 hr, 40 min) \$16.00

Dorsem of Kunzang Nyima (VS143)

Keith LaCoste performs the terma revelation of Tulku Teglo Rinpoche, *Dzongter Kunzang Nyima, From Pure Vision: Mirror of Vajrasattva's Enlightened Mind*, including tsok and torma making. Video is organized in the following chapters: Begin Practice; Protectors; Confession & Tsok; Torma Substances; Make Tormas. Tashi Chöling Retreat Center, 2010.

(1 DVD/1 hr, 6 min) \$20.00

Nam Chö Amitabha Sadhana (VS104)

Monthly full moon practice of the sadhana of Amitabha, the *Amitabha Practice of Rebirth in Dewachen*, revelation of Tulku Migyur Dorje, performed at Tashi Chöling Retreat Center (2008). Keith LaCoste ömzed, Gyatrul Rinpoche vajra master. Chapters created to facilitate study: Opening Prayers; Begin Main Practice; Protectors; Tsok; Remains; Cheddo, Tenma, & Dance of Suppression; Concluding Prayers.

(1 DVD/1 hr, 30 min) \$20.00

Nam Chö Amitabha Tormas (VS114)

Keith LaCoste makes tormas for the *Amitabha Practice of Rebirth in Dewachen*. Chapters created for study: Overview (ingredients and dough making); Cheddo; Tenma; General Protector; Painting & Ornamenting; Buttering & Arranging; Making Ornaments (the gen).

(1 DVD/25 min) \$10.00

Ratna Lingpa Kilaya (VS201)

Yangthang Rinpoche (ömzed, cymbals) and Gyatrul Rinpoche (bell and damaru) accompanied by students in the practice of Vajrakilaya, the *Daily Practice of the Secret Attainment of the Unsurpassed Extremely Secret Vajrakilaya called the "Essence of the Play of Concerned Activity,"* terma revelation of tertön Ratna Lingpa. Tashi Chöling Retreat Center, October 1990.

(1 DVD/2 hrs) \$18.00

Kha Kyab Rang Dröl (VS202)

Yangthang Rinpoche performs the sadhana of the *Supreme Noble Tamer of Beings, Avalokiteshvara Kha Kyab Rang Dröl, "All Encompassing Self Liberation,"* terma of his predecessor, Dhomang Terchen, Dorje Dechen Lingpa, "yogi style" (bell and damaru accompaniment). This video includes both the concise and extensive versions of the sadhana, including the ganachakra and special practices for summer/winter solstices and solar/lunar eclipses. Tashi Chöling Retreat Center, October 1990.

(1 DVD/1 hr, 10 min) \$18.00

General Sadhana Format for Deity Generation 1988 (VS204)

Nam Chö Troworoza sadhana performed by the Palyul Namdröling monks led by Migmar Lama. Instruments: cymbals, large drum, bell and damaru, long and short horns. Tashi Chöling Retreat Center, 1988.

(1 DVD/1 hr, 42 min) \$16.00

General Sadhana Format for Deity Generation 2002 (VS214)

Nam Chö Troworoza sadhana performed by the Palyul Namdröling monks in Austin, Texas, in the summer of 2002. Instruments: cymbals, large drum, bell and damaru, long and short horns. Picture-in-picture editing shows two different views simultaneously during select sections of the sadhana, in particular during the cymbal playing sections. (Chöpon activities not included.)

(1 DVD/1 hr, 5 min) \$18.00

Khandro Thug Thig (VS301)

Yeshe Tsogyal sadhana, *From the Profound Path of the Dakini's Heart Essence, the Ritual Called "Great Bliss Fulfilling All Wishes*, terma of H.H. Dudjom Rinpoche, performed by Lama Könchog Jungney. Instruments: bell, large drum, and zilnyen. Includes concise *Dudjom Tersar Ngöndro, Riwo Sang Chöd* with rölmo and large drum, and the *Abbreviated Daily Vajrakīlaya*. Nepal, 1991.

(1 DVD/2 hrs) \$18.00

Khandro Thug Thig (VS311)

"Yogi style," performed by Lama Rinchen, to bell and damaru accompaniment. Tashi Chöling Retreat Center, 1991.

(1 DVD/52 min) \$16.00

Khandro Thug Thig (VS321)

Ömzed Keith LaCoste leads the monthly Yeshe Tsogyal sadhana at Tashi Chöling Retreat Center (November, 2008). Chapters created for study: Opening Prayers; Preliminary Prayers; Main Deity Practice; Protectors; Confession & Tsok; Finish Protectors; Concluding Practices; Closing Prayers.

(1 DVD/2 hrs) \$20.00

Khandro Thug Thig Zindri (VS331)

Lama Sonam Tsering gives detailed, essential instruction on various points of the Yeshe Tsogyal sadhana.

(1 DVD/2 hrs) \$20.00

The Essence of the Two Accumulations (VS302)

Green Tara sadhana, *From the Profound Essence Mind Terma of Tara, the Mandala Sadhana called "the Essence of the Two Accumulations,"* revelation of of tertön Chokgur Lingpa, led by Arnam Lama and Khenpo Gyurmed Samdrub. Tashi Chöling Retreat Center. Summer, 1990.

(1 DVD/53 min) \$14.00

Intermediate Tröma Sadhana (VS303)

The Sadhana of Tröma Nagmo Called "The Sun of Primordial Wisdom," performed by the entire sangha of lamas and monks at Dudjom Gompa. Includes the *Four Feasts*. Also included: footage of the Kudung, the reliquary shrine containing the body of H.H. Dudjom Rinpoche. Nepal, 1991, 1993.

(3 DVDs/5 hrs, 43 min) \$25.00

Intermediate Tröma Sadhana (VS313)

Intermediate Tröma sadhana led by Sangye Khandro. Tashi Chöling Retreat Center. Recorded during the annual practice intensive, September 1992.

(2 DVDs/4 hrs, 40 min) \$25.00

Tröma Tormas (VS323)

Tsampa Sonam makes all the tormas for the Tröma intermediate sadhana, as well as the condensed tormas offerings used in the concise sadhana. Orgyen Dorje Den, Alameda, California, 2003.

(1 DVD/1 hr) \$16.00

Concise Tröma Sadhana (VS304) [Formerly VS323]

Concise Tröma sadhana led by Ngagpa Yeshe Dorje; includes some teachings and insights into the practice. Tashi Chöling, 1991.

(1 DVD/1 hr) \$16.00

Concise Tröma Sadhana (VS314) [Formerly VS333]

Concise Tröma sadhana, *The Quintessential Accomplishment in Accordance with the Lineage of the Vajra Essence* (compiled by Trinley Norbu Rinpoche), led by Sangye Khandro, accompanied by retreatants at Tashi Chöling Retreat Center, during the annual Tröma retreat, 1997. Gochen Tulku Sang Ngag presides as dorje lobpon.

(1 DVD/1 hr, 40 min) \$18.00

Tröma Ngöndro (VS305)

Practice Tröma ngöndro with Lopön Nikula and Tsampa Sonam; includes a brief instruction. Orgyen Dorje Den, Alameda, California, 2003.

(1 DVD/45 min) \$18.00

The Four Feasts (VS306)

Performed by Lama Könchog Jungney. Nepal, 1991.

(1 DVD/50 min) \$18.00

The Four Feasts (VS316)

Performed by Tsampa Sonam; includes the Lu Chin. Orgyen Dorje Den, Alameda, California, 2003.

(1 DVD/1 hr, 10 min) \$18.00

Other DVDs

Turning the Wheel (VTW2)

A short video telling the story of Gyatrul Rinpoche's activities in the West. Includes footage of H.H. Dudjom Rinpoche, H.H. Karmapa (XVI), and a number of other lamas that Gyatrul Rinpoche has introduced his students to over the years. This video is also available in Chinese, as (VTW2C)

(1 DVD/20 min) \$10.00

Natural Liberation through Contemplating the Peaceful and Wrathful (VNL1)

Images of the pantheon of peaceful and wrathful deities to the accompaniment of the recitation of prayers from *Natural Liberation; Padmasambhava's Teachings on the Six Bardos*.

(1 DVD/24 min) \$10.00